



MPN Voice Walk to Support

September 2023



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When will the walk take place?

September is Blood Cancer Awareness Month and MPN Awareness Day is 14 September 2023. You can do your walk any time between the 8-15 September. To make it flexible, you can walk on any day or over several days to suit yourself during this time.

Where will the walk take place?

Where will the walk take place?
To make it easy to participate, there is no fixed venue, no fixed country, you are free to choose where you want to walk.

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Which distance should I choose?

You can choose a walking distance to suit your ability - 5k, 10k or 20k.



Can I walk with my dog?

Of course - you can walk with any walkable pet, friends, family or even alone - it's up to you.

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Do I need to enrol to take part?

To help us support you, please tell us that you are going to take part.



How do I get sponsorship?

We would recommend setting up a Justgiving Page using the link here [MPN Voice JustGiving](#). Click onto the Blue Box Fundraise For Us & create your page.

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How do I get support and help?

Please just email Debbie:
Fundraising@mpnvoice.org.uk



MPN Voice really appreciates what you are doing – keep up the fantastic work...

#MPNVOICE