



## **MPN VOICE PATIENTS' FORUM – NEWCASTLE-UPON-TYNE**

**FRIDAY 03 OCTOBER 2025**

**THE ROYAL STATION HOTEL, NEVILLE STREET, NEWCASTLE-UPON-TYNE, NE1 5DH**

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| 1.00 – 1.30 | <b>Arrival/registration</b> – with buffet lunch   |
| 1.30 – 1.45 | <b>Welcome, and introduction to MPN Voice, who we are and what we do</b><br>Nona Baker, Co-chair, MPN Voice   |
| 1.45 – 2.05 | <b>What are MPNs?</b><br>Dr Nicola Redding, Consultant Haematologist<br>Northumbria Healthcare NHS FT   |
| 2.05 – 2.25 | <b>Latest advances in MPNs</b><br>Dr Andrew McGregor, Consultant Haematologist<br>Newcastle-upon-Tyne Hospitals NHS FT  |
| 2.25 – 2.40 | <b>Patient Speaker</b> – My Post ET/MF journey<br>Ronald Clarke   |
| 2.40 – 3.00 | <b>Cardiovascular risk assessment in MPN: what it is and why is it important?</b><br>Karen Stokoe, Practice Pharmacist<br>Heaton Road Surgery, Newcastle-upon-Tyne  |
| 3.00 – 3.15 | Tea/coffee/comfort break  |
| 3.15 – 3.35 | <b>Coping with the psychological aspects of having a MPN</b><br>Dr Rachel Morse, Clinical Psychologist<br>Newcastle-upon-Tyne Hospitals, NHS FT   |
| 3.35 – 4.00 | <b>Panel Q&amp;A</b>  |
| 4.00 – 4.15 | <b>Patient Speaker</b> – My MPN journey<br>TBC  |
| 4.15 – 4.55 | <b>Breakout groups</b> where ET, MF and PV patients can meet in smaller groups to discuss everyday challenges and swap tips. Plus a Family Group, where partners/family/friends can meet to discuss everyday challenges faced by the patient and themselves |
| 4.55 – 5.00 | <b>Close of forum and completion of feedback sheets</b>   |