



MPN VOICE PATIENTS' FORUM – NEWCASTLE-UPON-TYNE

FRIDAY 03 OCTOBER 2025

THE ROYAL STATION HOTEL, NEVILLE STREET, NEWCASTLE-UPON-TYNE, NE1 5DH

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| 1.00 – 1.30 | Arrival/registration – with buffet lunch |
| 1.30 – 1.45 | Welcome, and introduction to MPN Voice, who we are and what we do
Nona Baker, Co-chair, MPN Voice |
| 1.45 – 2.05 | What are MPNs?
Dr Nicola Redding, Consultant Haematologist
Northumbria Healthcare NHS FT |
| 2.05 – 2.25 | Latest advances in MPNs
Dr Andrew McGregor, Consultant Haematologist
Newcastle-upon-Tyne Hospitals NHS FT |
| 2.25 – 2.40 | My MPN Voice App study update
Dr Patrick Harrington, Guy's & St Thomas' Hospital, London |
| 2.40 – 3.00 | Cardiovascular risk assessment in MPN: what it is and why is it important?
Karen Stokoe, Practice Pharmacist
Heaton Road Surgery, Newcastle-upon-Tyne |
| 3.00 – 3.15 | Tea/coffee/comfort break |
| 3.15 – 3.35 | Coping with the psychological aspects of having a MPN
Dr Rachel Morse, Clinical Psychologist
Newcastle-upon-Tyne Hospitals, NHS FT |
| 3.35 – 4.00 | Panel Q&A |
| 4.00 – 4.15 | Patient Speaker – My Post ET/MF journey
Ronald Clarke |
| 4.15 – 4.55 | Breakout groups where ET, MF and PV patients can meet in smaller groups to discuss everyday challenges and swap tips. Plus a Family Group, where partners/family/friends can meet to discuss everyday challenges faced by the patient and themselves |
| 4.55 – 5.00 | Close of forum and completion of feedback sheets |